

## PERTH DISTRICT HEALTH UNIT BOARD

Multipurpose Rooms – Health Unit

May 16, 2018  
9:30 am

### A G E N D A

1. Approval of the Agenda.
2. Pecuniary Interest.
3. Adopt the Minutes from meeting dated April 18, 2018 - *attached*
4. Closed Meeting if necessary.
5. Business Arising
  - a. Amalgamation Steering Group Update
  - b. 2018 alPHa Boards of Health Fitness Challenge – *attached*
  - c. Draft Program - 2018 alPHa Annual Conference, June 10-12 – *attached*
  - d. Draft Agenda – 2018 BOH Section Meeting, June 12, 2018 - *attached*
6. New Business
  - a. 2017 Annual PDHU Communications Report – *attached*
  - b. Smoke Free Ontario Strategy - *attached*
  - c. 2018 Draft alPHa Resolutions for Consideration - *attached*
7. Business Administrator Report – Julie Pauli
  - a. Budget
  - b. HBHC/PPNP Budgets
  - c. 2017 MOHLTC Settlement
  - d. Account Transactions – April 2018 – *attached*
  - e. Financial Report – April 30, 2018 – *attached*
8. Medical Officer of Health Report – Dr. Miriam Klassen – *attached*
9. Correspondence
  - a. alPHa Response – Public Health Funding Increase - *attached*
  - b. GBPH – BOH Motion 2018-30 Annual Service Plan and 2018 Budget - *attached*
  - c. GBPH – BOH Motion 2018-29 Tobacco and Smoke Free Campuses – *attached*
  - d. GBPH – BOH Motion 2018-28 Repeal of Section 43 of the Criminal Code – *attached*
  - e. Randy Pettapiece, MPP – Follow-up: Long-Term Care Beds Perth-Wellington – *attached*
  - f. KFL&A – BOH Motion 2018-5 Mandatory Food Literacy Curricula in Ontario Schools – *attached*
  - g. alPHa Response – Smoke-Free Ontario Strategy - *attached*
  - h. Peterborough PH – MP Raybould re Section 43 - *attached*
  - i. Peterborough PH – MPP Scott re Smoke Free Movies - *attached*
  - j. Peterborough PH – MPP Leal re Smoke Free Movies - *attached*
  - k. Peterborough PH – OFRB re Smoke Free Movies - *attached*
10. Date of next meeting – Wednesday, June 20, 2018
11. Adjournment.

12. **Public Announcements.**
13. **Education Session – Mothers and Young Child Clinics and Low German Speaking Community**



## Agenda Item 8

### PERTH DISTRICT HEALTH UNIT REPORT OF THE MEDICAL OFFICER OF HEALTH

May 16, 2018

#### 1. ADVOCATE FOR PUBLIC HEALTH

- Increase the profile of PDHU in targeted ways
- Continue to strengthen relationships with partners/stakeholders

On April 13, the MOH attended the joint Council of Directors of Education - Council of Ontario Medical Officers of Health (CODE-COMOH) meeting as a public health representative for the SW Local Health Integration Network (LHIN). Agenda items included:

- School Exclusion Guidelines: Dr. Doug Sider from Public Health Ontario (PHO) led a discussion to inform a potential resource and reference document intended to support a consistent approach for the school exclusion of persons with communicable diseases.
- Policy/Program Memorandum 161 (PPM 161) Implementation: Ministry of Education staff provided an update on the PPM to support children with prevalent medical conditions (anaphylaxis, asthma, diabetes and/or epilepsy) in schools.
- Legalization of Recreational Cannabis: Both the MOHLTC and the Ministry of Education (MOE) provided updates on their preparations including fact sheets for parents and educators, and a youth facing resource comprising a webpage and other social media platforms.
- Concussion Update: Dr. Salvatera provided an update on Rowan's Law (Concussion Safety), 2018.
- Provincial Index: The MOE shared that this index will use data from existing provincial-level surveys to provide a provincial view of how students are doing based on the six elements of student well-being identified through the ministry's 2016-17 public engagement process.
- School Climate Survey: The MOE is also working with partners to update the Ministry's school climate survey templates that will support school board-level collection of information related to student well-being targeted for release in the 2019-20 school year.

The Communicable Disease Team is in the progress of informing Health Care Providers and Veterinarians about new and updated reporting requirements under the Health Protection and Promotion Act (HPPA):

#### Diseases of Public Health Significance

- As of May 1, 2018 the HPPA outlines Diseases of Public Health Significance in a new, consolidated regulation, now entitled *Designation of Diseases, Ontario Regulation 135/18*.
- This new list updates and replaces the former Ontario Reportable Disease List.
- Some diseases have been added and some removed, others updated.

#### Reporting of Animal Cases

- As of January 1, 2018 veterinarians and laboratories are required to report to public health animal cases of certain diseases. These diseases have the potential to be transmitted to humans (e.g. avian or novel influenza).
- The Ministry has released guidance documents for these new diseases giving direction to staff on response to these new reporting requirements.
- Responses to animal cases reported to the health unit always include notification of and consultation with the Public Health Veterinarian and the Population and Public Health Division of the Ministry of Health and Long Term Care.



## Report of the Medical Officer of Health

On April 10th and 11th, Student Public Health Inspector, alongside 2 Public Health Inspectors from the Huron County Health Unit (HCHU), provided public education to 556 students in grades 4/5 at the Huron Perth Agriculture and Water Festival. With the help of a PDHU Public Health Inspector, PDHU and HCHU worked together to develop a new presentation that is more interactive and curriculum appropriate for the school age group that attend the festival. The inspectors discussed beach water safety with the students through the display that had student's use critical thinking and reasoning to determine what might make beach water unsafe. Key messages included: do not swim in water that is cloudy; when beaches are closed it means there are high bacteria levels that can make you sick if you put your head under water or swim in the water; and that not all hazards are visible so testing our beach water is important to ensure it is safe for bathers.

On May 16th PDHU is hosting a workshop for staff and community partners to develop knowledge and skills to support women survivors of abuse through a trauma informed lens. Participants will include staff from other health units, justice, victim services, health care, mental health, shelters etc. Embedding trauma awareness into public health practice is identified as a strategy in the new *Mental Health Promotion Guideline*.

The Communications Managers are preparing a package of materials for provincial candidates involved in the upcoming election based on the alPHA priorities: oral health, pharmacare, tobacco, opioids, and cannabis. An advocacy sheet on Food Insecurity is also being created. The packages will also be shared with local municipal councils.

The Health Unit will be attending the LOOP Family Festival on Saturday, May 12. Our displays will focus on sedentary behavior and screen time, oral health, and smoke-free movies.

## 2. PREPARE FOR POSSIBLE HEALTH SYSTEM CHANGES

- Support all staff through transition
- Maintain a healthy and resilient workforce
- Ensure effective internal and external communications
- Use evidence-informed decision making

The Management Committee held its annual retreat at River Gardens on April 17. The workshop was facilitated by the Canadian Mental Health Association and the topic was *Mental Health Works*. This information is based on the *National Standard on Psychological Health and Safety in the Workplace*, which was the resource used to create and implement our Joint Management and LIFE committees Employee Surveys implemented in 2013 and 2015.

On Apr 24, the MOHLTC held an Implementation Session on the OPHS and Related Initiatives for public health unit MOHs and CEOs including an overview of the Legislative and Regulatory changes to the Health Protection and Promotion Act (HPPA), Immunization of School Pupils Act (ISPA) and Smoke-Free Ontario Act (SFOA) as well as a consultation on the pending legalization of cannabis. This was followed by a series of workshops held for managers and staff on May 1st, which provided additional orientation and training on the changes and new requirements, and several PDHU staff attended.

On Apr 26, the MOH attended the OMA's Annual Women in Health Care workshop/conference entitled *Gender, Conflict + Power: Navigating Misconduct, Harassment and Bullying in Medicine*, a very informative and engaging session. The keynote speakers were Janice Stein and Dr Susan Phillips.

PDHU staff will participate in the alPHA Fitness Challenge on Thursday, May 10. Staff at the West Gore office are being encouraged to participate in a 30 minute group walk immediately after the renovation celebration. Staff remaining at the Festival Square and Listowel sites will also be encouraged to get out their walking shoes.



## Report of the Medical Officer of Health

New in 2018, is an *alPHA Fitness Challenge* for board of health members. The challenge invites boards of health to involve the entire board in 30 minutes of activity at some point during the month and report participation in group or individual activities to alPHA. If our board wishes to participate and you didn't get a chance to be active on May 10<sup>th</sup>, another opportunity to consider if time and weather permit is a 30 minute walk after the board meeting.

3

### 3. CONTINUE TO STRENGTHEN FOCUS ON SOCIAL DETERMINANTS OF HEALTH AND HEALTH EQUITY

- Build internal capacity and awareness
- Be local champions

On April 11, staff and MOHs from PDHU and Elgin St. Thomas Health Unit (now part of the new Southwestern Health Unit) discussed advocacy for our self-pay Anabaptist populations. These communities face unique health-related challenges such as large families, genetic disorders, farm and road-related injury as well as transportation and language barriers, limited health literacy and limited access to technology. Although they pay taxes, they do not accept OHIP cards and are therefore required to pay for hospital and other services in cash, creating a financial hardship. Our two health units are working together with community leaders to advocate for consideration for accommodations such as a 50% reduction in hospital costs.

Health Unit Education Committee (HUEC) and Health for All committee, organized *Bridges Out of Poverty* on May 2. The workshop consisted of 2 half-day sessions and was attended by both PDHU staff and community stakeholders. In total, 106 people attended the event (54 in the morning and 52 in the afternoon).

### 4. OTHER

On May 9, PDHU mailed out 147 suspension orders for students who have incomplete immunization records on file at the Health Unit. Last year, we sent 106 orders out. This number is expected to drop substantially before the suspension order takes effect on May 29<sup>th</sup>, as students receive missing vaccines and send in their updated records in the next couple of weeks.

The Health Unit has issued 115 food handler certificates as of May 10. PHIs have facilitated this process through courses taught at a high school (7 certificates), at our Stratford (38) & Listowel (23) offices, as well as through providing tests for both an online certification course (39, including 16 for clients of Partners in Employment) and for recertification (8). It is anticipated that we will become much busier because as of July 1 there will be a legal requirement for all food service establishments to have one trained food handler onsite during times of operation. The Environment team is in the process of planning for this along with many others changes to the regulations.

On April 23, a Public Health Dietitian attended the Perth County Child Care Supervisors meeting to orient approximately 15 supervisors and 5 cooks from licensed child care centres to the *Menu Planning and Supportive Nutrition Environments in Child Care Settings Practical Guide*. The session provided background and rationale for the Practical Guide as well as an overview of food and beverage choices, portion sizes and menu planning in child care settings. The *Menu and Nutrition Environment Self-Assessment Tool for Child Care settings* was introduced and resources to support implementation of the Practical Guide were also provided.

PDHU launched the *Bring Back Healthy Team Snacks* program across Perth County after a successful pilot in Listowel last year. The initiative encourages coaches/parents to provide players with vegetables and fruit for a snack at practices and games (if a snack is offered) and have players bring water to stay hydrated. Healthy eating and being active go hand in hand and vegetables/fruit and water are better choices for young athletes than the pre-packaged snacks and sugary drinks that have become so common on sports fields. League executives and coaches from local organizations/sport associations were sent resources electronically.



## Report of the Medical Officer of Health

For 2018, Wildwood Conservation Area has prohibited all forms of smoking in all public spaces. Smoking is only permitted on registered campsites or in a designated area. As a beginning, Wildwood has also designated 28 overnight sites as smoke-free. PDHU enforcement staff will be visiting to review signage and provide recommendations as appropriate.

4

PDHU is a member of a sub-committee of the Perth Road Safety Committee that has planned a mock crash scene to be set up in front of Northwestern Secondary School as students arrive for the day on May 25th. After homeroom, students will be in the gym to watch the events unfold outside via YouTube Live. Emergency responders will attend the scene as they would if it were a real driving high crash. They will extricate a victim from the car and respond to the injuries of another victim. Following the mock scene, London Health Science Centre will deliver prevention messaging followed by a personal story from a crash victim. Approximately 800 students from grades 9 to 12 will be participating in the IMPACT program.

The Smoke-Free Ontario Act, 2017 (SFOA, 2017) will be law on July 1, 2018. It will repeal the existing Smoke-Free Ontario Act (SFOA) and Electronic Cigarettes Act, 2015 (ECA) and replace them with a single legislative framework. The SFOA, 2017 will regulate the sale, supply, use, display, and promotion of tobacco and vapour products (e.g., e-cigarettes), and the smoking of medical cannabis.

The SFOA, 2017 and its regulation will prohibit the smoking of tobacco, the use of an e-cigarette to vape any substance and the smoking of medical cannabis in all enclosed public spaces and enclosed workplaces, as well as additional prohibited places, such as child care centres, and children's playgrounds, that were prohibited under the SFOA.

The SFOA, 2017 regulation will further protect Ontarians from second hand smoke and vapour by prohibiting the smoking of tobacco, the use of an e-cigarette and the smoking of medical cannabis in additional places that were not prohibited under the SFOA or ECA:

- Public areas within 20 metres from the perimeter of the grounds of a school
- The outdoor grounds of a community recreation facility, and public areas within 20 metres of these grounds
- Public areas within nine metres from a restaurant or bar patio

Public health units are anticipating Ministry training and updated factsheets. In the coming months PDHU will be working with community partners and businesses to increase awareness of these new requirements.

## 5. STAFFING UPDATES

Temporary Full Time Public Health Inspector ~ effective May 14

Temporary Full Time Health Promoter (CH) ~ effective May 14, 2018

Casual Dental Hygienist ~ effective May 15, 2018

2 Student Public Health Inspectors ~ effective May 22, 2018

Temporary Full Time Health Promoter (HP) ~ effective May 22, 2018

Respectfully submitted by  
Dr. Miriam Klassen  
Medical Officer of Health